

Fruit and vegetable consumption, high school students

Health Priority B: Adequate and Appropriate Nutrition

Objective B2a: By 2010, increase the proportion of Wisconsin's population that makes healthy food choices to 40 percent.

2010 Target: 40%

Indicator: Fruit and vegetable consumption, high school students

Percent of Wisconsin High School Students Who Eat Five or More Servings of Fruits and Vegetables Per Day

Year (N)	Total		Males		Females	
	Percent	+/-	Percent	+/-	Percent	+/-
1999	28%	3%	29%	4%	27%	4%
(N)	1,336		682		648	
2001	26%	2%	29%	3%	24%	3%
(N)	2,120		1,031		1,084	
2003	28%	2%	29%	3%	27%	3%
(N)	2,121		1,019		1,097	
2005	28%	2%	29%	2%	26%	3%
(N)	2,389		1,163		1,219	

Source: Wisconsin Youth Risk Behavior Survey, Wisconsin Department of Public Instruction.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

Continued on next page

Fruit and vegetable consumption, high school students, continued

Percent of Wisconsin High School Students Who Eat Five or More Servings of Fruits and Vegetables Per Day, by Race/Ethnicity

Years (N)	Total		African American*		American Indian*		Asian*		Hispanic		White*	
	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-
1999-2003	28%	1%	25%	4%	28%	9%	31%	6%	29%	7%	28%	1%
(N)	5,577		397		104		213		154		4,379	
2001-2005	27%	1%	22%	5%	29%	8%	26%	6%	27%	7%	28%	1%
(N)	6,630		468		136		272		203		5,219	

Source: Wisconsin Youth Risk Behavior Survey, Wisconsin Department of Public Instruction.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

* Non-Hispanic

Percent of Wisconsin High School Students Who Eat Two or More Servings of Fruit Per Day

Year (N)	Total		Males		Females	
	Percent	+/-	Percent	+/-	Percent	+/-
1999	61%	3%	62%	4%	60%	4%
(N)	1,336		682		648	
2001	57%	2%	58%	3%	56%	3%
(N)	2,120		1,031		1,084	
2003	60%	2%	63%	3%	57%	3%
(N)	2,121		1,019		1,097	
2005	58%	2%	59%	3%	57%	3%
(N)	2,389		1,163		1,219	

Source: Wisconsin Youth Risk Behavior Survey, Wisconsin Department of Public Instruction.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

Continued on next page

Fruit and vegetable consumption, high school students, continued

Percent of Wisconsin High School Students Who Eat Two or More Servings of Fruit Per Day, by Race/Ethnicity

Years (N)	Total		African American*		American Indian*		Asian*		Hispanic		White*	
	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-
1999-2003	59%	1%	57%	6%	60%	11%	54%	8%	57%	9%	60%	2%
(N)	5,577		397		104		213		154		4,379	
2001-2005	58%	1%	53%	6%	62%	8%	52%	6%	59%	7%	59%	1%
(N)	6,630		468		136		272		203		5,219	

Source: Wisconsin Youth Risk Behavior Survey, Wisconsin Department of Public Instruction.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

* Non-Hispanic

Percent of Wisconsin High School Students Who Eat Three or More Servings of Vegetables Per Day

Year (N)	Total		Males		Females	
	Percent	+/-	Percent	+/-	Percent	+/-
1999	15%	2%	14%	3%	15%	3%
(N)	1,336		682		648	
2001	15%	2%	16%	3%	13%	2%
(N)	2,120		1,031		1,084	
2003	18%	2%	18%	3%	18%	3%
(N)	2,121		1,019		1,097	
2005	18%	2%	19%	2%	17%	2%
(N)	2,389		1,163		1,219	

Source: Wisconsin Youth Risk Behavior Survey, Wisconsin Department of Public Instruction.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

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Fruit and vegetable consumption, high school students, continued

Percent of Wisconsin High School Students Who Eat Three or More Servings of Vegetables Per Day, by Race/Ethnicity

Years (N)	Total		African American*		American Indian*		Asian*		Hispanic		White*	
	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-
1999-2003	16%	1%	13%	5%	11%	7%	20%	6%	16%	7%	16%	1%
(N)	5,577		397		104		213		154		4,379	
2001-2005	17%	1%	16%	5%	11%	5%	19%	5%	16%	5%	17%	1%
(N)	6,630		468		136		272		203		5,219	

Source: Wisconsin Youth Risk Behavior Survey, Wisconsin Department of Public Instruction.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

* Non-Hispanic